

## **DIETARY & ALLERGY POLICY AND PROCEDURE**

### **INTRODUCTION**

This policy outlines the School's responsibility to be mindful of the school food provision, the special dietary requirements of pupils from different religious groups and cultures, and to ensure that medical and dietary requirements are satisfied.

### **AIMS**

- To provide a healthy and varied menu to children.
- To identify all pupils with special dietary needs.
- To ensure that special dietary needs are met and catered for wherever possible.

L'Ecole des Petits has arrangements with an outside provider for daily hot lunches to be provided to the schools.

The provider is subject to hygiene controls, duly certificated.

Children are allowed to bring their own packed lunch with them. (A rare requirement which is made for a whole term). The School is not allowed to re-heat the content of the lunchbox which will be served at room temperature, unless parents have provided a thermos container.

The meals provided are selected by the Principal to be diverse and to cover a variety of ethnic menus. In this way children are introduced to different cultures and tastes. School meals cannot be adapted from the menu, except for no pork substitute dishes.

The emphasis is on healthy eating. Taking dietary considerations at heart, the School sets its menus with a qualified nutritionist.

Nuts and peanut trace elements cannot be completely avoided in a school environment however in view of the number of children who suffer from allergies, it is necessary, as far as possible, to prohibit peanuts and peanut butter products in our schools to reduce the risk to our pupils who suffer from these allergies.

Vigilance is to be exercised about any food coming into school: snacks, sweets, lunch, birthday cake etc.

**Dietary and Allergy procedure.**

- Parents of all new and/or current pupils must notify the school in writing of any special dietary needs and allergies.
- The form completed will be kept in the school office, and in serious cases in the staff room, kitchen and classroom.
- The Principal will ensure that all catering and academic staff are made aware of the identities of all pupils with special dietary needs and allergies and what to do in the event of an emergency.
- It is the parent's responsibility to notify the school in writing and verbally immediately of any change in circumstances which take place.
- Where a child has been identified as having a definite allergy, parents must provide him/her with a daily lunchbox instead of eating the school canteen lunch.
- No food, provided by the School or other families (e.g.: birthday cake etc.), will be given to children with allergies. Parents of such children are kindly asked to provide a substitute for their child on such occasions.

The Dietary Policy and Procedures should be referred to in conjunction with the First Aid and Medication Policies.

This document although correct at the time of publication, does not form a contract between the recipient and the School. The School reserves the right to make changes at any time which it considers to be necessary for legal, administrative or educational reasons.

**Reviewed September 2023**